



PROACTIVE INCLUSION

a great place
to start

Our vision

Helping one person at a time to thrive.

Our aim

Our aim is to increase the awareness of mental health, wellbeing and neurodiversity through the UK wide delivery of effective training.

The training and development will be carried out by our highly qualified team of experts through face to face group interaction, one to one support, online seminars, learning portals and downloadable materials.

Our goal is to help individuals change the way in which they view, understand and feel about mental health, wellbeing and neurodiversity in the workplace, in society and in the home.

LEADERS IN FACILITATING INCLUSIVE CULTURES

Our training is designed to be a life affirming experience, aimed at changing perspectives freshening up attitudes and updating cultures.

All our training materials are written by neurodiverse individuals and are delivered by trainers who have lived experience of being neurodiverse. This approach means that we are designing material and delivering courses that are based in reality.

We operate by working with you through every step. We support your organisation through the provision of tailored training and carry out company wide observations in order to help create an effective, inclusive strategy that can be implemented within the workplace to meet the needs for all.

Our flexible delivery methods mean that we train teams and individuals both face to face and online. With all support materials accessible in various formats to digitally download.



ENABLING

- We help to enable businesses to create inclusive strategies that enable employees and apprentices to Thrive.



EMPOWERING

- We help empower business owners, leaders and managers to better support those who are neurodiverse or struggling with poor mental health.



EVOLVING

- We assist with the evolution of your business, transforming it into one with a culture of inclusive practice that enables everyone to succeed.



UNDERSTAND THE PAIN

FRUSTRATION

If individuals do not disclose that they have a neurodiverse condition, how can you put effective support in place?

FAILING

Teams are not working as efficiently as they could, productivity is low, and presentism is high. Staff are failing to meet targets, morale has been affected and retention has become an issue.

UNCERTAIN FUTURE

Can you be certain your organisation is complying with the Equality Act 2010, and is legally protecting people from discrimination in the workplace?

FIND YOUR SOLUTIONS

EDUCATE

We provide organisations with tailored training to enable effective support of individuals to achieve their full potential.

EMPOWER

We give staff the confidence to share and identify preferred communication methods, enable safe conversations around expectations, and break down stigmas and barriers within teams.

ENABLE

We provide the knowledge and tools that allow your business to confidently create an inclusive culture. By making reasonable adjustments organisations can help their workforce to thrive.



OUR STEPPED PROCESS



Onsite 2 day observation by two members of our Thrive team. A full report on what is working well and how to improve.



The report will be used to personalise the webinars and workshops ensuring relevance and relatability to improve engagement.



Initiate the delivery of webinars and workshops by our highly trained team. Access provided to Thrive elearning content.



Set up and facilitation of an online champion group to ensure the training is effectively embedded within the organisation.

TIME TO THRIVE

The benefits of a proactive inclusion policy, are far greater than that of reactive inclusion.





REAL LIFE TRAINING LEADING TO REAL RESULTS

Our methods are proven to significantly increase the learning outcomes for all who take part. One of the key reasons for this is our trainers actively encourage and empower participants to be creative with reasonable adjustments.

LEARNER EXPERIENCE

- Our training is designed to inspire confidence, explore view points, encourage conversations and discuss beliefs without fear of judgement. All through a process of education, reflection, evaluation and finally empowerment.

CAREER DEVELOPMENT

- We aim to bring out the best in everyone, enabling individuals to utilise the learned communication skills to improve their careers and the careers of others.

LEADERSHIP PROGRAMMES

- The art of effective communication is a vital life skill, especially for those in leadership and management roles. Our training will provide the tools required to be able to effectively and confidently support neurodiverse individuals in the workplace.

DELIVERED BY HIGHLY SKILLED EXPERTS



Thrive has a core team of neurodiversity and mental health trainers who are highly skilled in their area of expertise. Our team has lived experience of many of the mental health conditions and neurodiverse differences we deliver training on. What this gives you as an organisation, is the peace of mind, knowing that we train from a genuine, person-centred viewpoint.





A GREAT PLACE TO START

Feeling valued, included and supported, is a basic requirement that needs to be fulfilled before an individual can reach their full potential.



SCAN THIS QR CODE FOR INFORMATION ON OUR WEBSITE.



SCAN THIS QR CODE TO BOOK A COURSE VIA EMAIL.

LISTENING TO FEEDBACK

I'd recommend the neurodiversity course to anyone looking to gain a deeper understanding in a bid to support colleagues, friends and family. It's given me a new perspective on the type of support and ideas I hope to integrate into my professional and personal life.

James Leafy

Babcock International

The training was brilliant. Chezzy created an open, safe, welcoming, and curious space for all of the delegates. She covered a good range of subjects and was really giving of her time. I cannot recommend her highly enough. I immediately booked more training sessions to continue exploring neurodiversity.

Claire Goodwin-Fee

Frontline 19

